



Speed City/Free Spirit 1st Annual Southern California Sub-Bantam Championship

Sponsor: Speed City Track Club

Sanctioned: The Southern California Association / USATF

Date: May 31, 2009

Time: 8:00 a.m.

Site: Serra High School - 14830 South Van Ness Avenue, Gardena, CA 90249

Meet Director: Cliff Scott (818) 809-4230 **Meet Website:** www.speedcitytrack.org

Registration: Email form to Info@speedcitytrack.org or Fax registration or 310-515-9387 or Mail to: Speed City Track, 20221 Galway Ave, Carson, CA 90746

Entry Fees: \$6.00 per individual event, and \$24.00 per relay. Entry fees are to be paid in cash or club check made payable to Speed City Track Club (No personal checks). Entry Fees are non-refundable.

Entry Deadline: May 27, 2009 (PST) by Midnight.

Late Registration: Will be accepted between 7am to 8:30am. \$9.00 per individual event, and \$36.00 per relay.

Packet Pickup: Team packets may be picked up beginning at 7:00am at the meet site.

Eligibility: Any boy or girl in the Sub-Bantam Division - Born 2001 or later.

Limitation: Athletes limited to three events

Awards: All Participants will receive medals. Trophies for 1st, 2nd and 3rd places.

Check In: All participants in running events must check in with the clerk of the course when their event is called. Field event participants must report directly to the official on the field, in charge of their event when it is called.

Coaches Meeting: Coaches Meeting will take place at 7:45am at the starting line.

Timing: Fully Automatic Timing (FAT)

Trash: Each team is responsible for cleaning up trash in your area.

Protests: USATF Rules will apply. Protest must be accompanied by \$25.00.

Concessions: A snack bar will be available.

Parking: Parking is available however, it will be limited. You may park on the surrounding streets.

Music: Provided by Soul Music Entertainment



ORDER OF EVENTS

Sunday – May 31, 2009 (Start Time 8:00 A.M.)

100M Prelims

4X100M

400M

30 minute Break

800M

100M Final

200M

4x400M RELAY

Field Event (Start After 100 prelims.)

Long Jump

Mini-Javelin